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**Consent for the California Healthy Kids Survey
2019-2020 School Year**

Dear Parent or Guardian of 5th and 6th Grade Students:

Your child is being asked to be a part of our school’s California Healthy Kids Survey (CHKS), sponsored by the California Department of Education. This important survey provides us with valuable information on our continual efforts to provide a safe and positive learning environment for our SBSD students. We value opportunities for meaningful student feedback and involvement. Research has shown that healthy students learn better and that health status and achievement are inextricably intertwined. *Your child does not have to take the survey. Participation is voluntary and requires your permission.*

Survey Content. The survey gathers information on behaviors such as physical activity and nutritional habits; drug, alcohol and tobacco awareness; school connectedness; and school safety. The California Healthy Kids Survey, along with more detailed information, is available to view at our District’s website at <https://www.sbsd.k12.ca.us/Page/8203>. You may also view the survey in the school office.

Administration. The **on-line survey** will be administered during **December 2019**. It will take about 50 minutes to complete, and will be administered in your child’s class.

Participation is Voluntary and Anonymous. No names or any other identifying information is connected to the answers except for the name of the school. Students who agree to participate with parent/guardian permission only have to answer the questions they want to answer, and they may stop taking the survey at any time.

Potential Risks. There are no known risks of physical harm to your child. Risks of psychological or social harm are very small. None have been reported in 18 years of survey administration. In rare instances, some questions might make students feel uncomfortable. As always, the school’s staff and counseling services are available to further support students with any questions and/or needs.

For Further Information. The survey was developed by WestEd, a public, non-profit educational institution for the California Department of Education. If you have any questions about this survey, please call Lisa Denham, Coordinator of Student Services, at 858-794-7186.

Parent Consent Form for the California Healthy Kids Survey

Please check below whether you grant permission, sign, and return this form to your child’s teacher within three days:

I **give permission** for my child to be in the California Healthy Kids Survey.

I **do not give permission** for my child to be in the California Healthy Kids Survey.

Signature: _____ Date: _____

My child’s name is: _____ (Please Print)

THANK YOU FOR COMPLETING AND RETURNING THIS CONSENT FORM